

## RELATIONSHIP SKILLS GROUP



## 3/449 Gympie Rd Kedron

Starting Tuesday May 30th 10:00am-11:30pm 8 x Weekly Group Sessions \$1000.00 (billable through NDIS) TAILORED TO WOMEN LIVING WITH A COGNITIVE DISABILITY

DELIVERED BY ACCREDITED SOCIAL WORKERS (2 CLINICIANS)

SUPPORTIVE AND SAFE ENVIRONMENT



IDENTIFYING PERSONAL VALUES



TYPES OF RELATIONSHIPS



COMMUNICATION SKILLS



SETTING BOUNDARIES



RECOGNISING ABUSE



INTIMATE RELATIONSHIPS



## To book your spot phone, text or email.

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E: hello@withgracetherapy.com.au

